



The Dr. Peter Centre: Community iOAT

By Dr. Cheryl McDermid

Land Acknowledgement

The Dr. Peter Centre where this work is being done, and where we gather today, is located on the traditional, ancestral, and unceded territory of the Coast Salish peoples – including the Sk̓wx̓wú7mesh (Squamish), Stó:lō and Səlílwətaʔ/Selilwitulh (Tseil-Waututh) and x̣ʷməθḳʷəỵəm (Musqueam) Nations.



The Dr. Peter Centre

Holistic complex care

- HIV health care facility in Vancouver's West End
- Care and support for people living with HIV and other health and social challenges
- 19 years of Supervised Consumption Services:
 - 2002-2015 via Provincial scope of nursing practice
 - 2016-present via Federal exemption



iOAT Program

- Started in 2019
- 19 clients enrolled
 - 16 actively receiving iOAT + 3 inactive but can reinitiate
 - Room for up to 20 in the program
- Open to HIV+ and HIV-
- HDM & DAM
- Clients come twice a day
- Community pharmacy (Shopper's on Davie St) prepares the syringes
- Coming soon: intranasal & take home syringes

iOAT is one more tool in a campus of care model

Food & Nutrition

Wholesome nutrient-dense meals & dietary guidance for improved health.

Social Participation

Social engagement, computer literacy, conflict resolution & a sense of belonging.

Community Linkages

Housing advocacy & assistance with other social and medical services.

Counselling

Mental health, emotional wellness & addictions.

HIV Medication Maintenance

Treatment adherence support to suppress the virus & prevent new HIV transmissions.

Complementary Therapy

Weekly activities, gardening, fitness, yoga & acupuncture.

Art & Music Therapy

Creative expression, self-awareness & communication skills development.

Complex Nursing

Health stabilization, supervised injection, long-term support & compassionate end-of-life care.



iOAT Room

